



**The Society for Existential Analysis**

## **GUIDELINES FOR APPLICATION TO THE UKCP MEMBERSHIP AND REGISTRATION THROUGH THE SEA.**

The Society of Existential Analysis (SEA) is an Organisational Member of the Constructivist and Existential College (CEC), a UKCP College representing the Existential/Phenomenological modality. The SEA administers and monitors applications from therapists trained in the Existential/Phenomenological modality to the UKCP register and assists them with their yearly re-registration, 5 yearly re-accreditation and formalities for retirement and sabbaticals.

Our Registration Officer will ascertain that the registrant has met the education and training requirements of the UKCP/CEC/SEA standards of education and training (see below) and will follow the application procedure. The main points of the application process are as follows:

- First of all, applicants need to be members of SEA - if they are not already a member they can join here:

<https://community.existentialanalysis.org.uk/sea-membership>

- All applications to UKCP are done online – details are on the website [www.psychotherapy@ukcp.org.uk](http://www.psychotherapy@ukcp.org.uk).
- Applicants will need to have 450 supervised one-to-one clinical hours to qualify for UKCP membership.
- When completing the form, applicants should specify that their Organisational Membership is with the SEA. The Membership Team at UKCP will be able to help if there are any difficulties with the submission.  
[membership@ukcp.org.uk](mailto:membership@ukcp.org.uk)
- Once the online application has been submitted, the UKCP Membership Team will contact the SEA to confirm that the applicant is a member of SEA and have completed an accredited course.
- Once the SEA has confirmed the application, the applicant will become an accredited member of UKCP and listed on the Register.

- The Registration Officer at the SEA will keep a list of all accredited SEA members and will maintain contact with them regarding their yearly UKCP renewal registration and 5-year re-accreditation requirements and applications.
- For any queries please contact:

[searenewal@gmail.com](mailto:searenewal@gmail.com)

## **SEA EDUCATION AND TRAINING REQUIREMENTS FOR APPLICATION TO THE UKCP REGISTER.**

The following are the minimum requirements for registration as a UKCP accredited Existential Psychotherapist through the SEA.

- The successful completion of a total of a four-year, level 7, postgraduate professional programme of education and training of which at least 50% is specific training in the Existential Phenomenological modality.
- A total number of supervised one-to-one client hours which should be not less than 450.
- The ratio of individual supervision hours to overall one-to-one client hours should be a minimum of 1:6.
- Group supervision should reflect this ratio (minimum 10 minutes supervision for client hour)
- Supervised one-to-one client hours should be made up of client contracts that reflect the Existential Phenomenological modality and demonstrate that the candidate has the appropriate experience and competence for such model of psychotherapy that they are practicing.
- A minimum of 40 hours per year during the training and a minimum of 160 hours over the four- year training of personal psychotherapy with a UKCP accredited psychotherapist.

## **CONTINUING PROFESSIONAL DEVELOPMENT**

The SEA has in place a CPD policy in accordance with UKCP guidelines.

Graduates of approved trainings applying for UKCP yearly re-registration through membership of the SEA are required to complete

- A minimum of 25 hours of CPD activity for each year of their membership (50% of which has to be certified)
- Provide evidence of supervision and practice of one-to-one client hours.
- Provide proof of valid insurance cover
- Pay the annual registration fee (currently £55.00).

UKCP re-accreditation will be required every 5 years.

### **GUIDELINES FOR EXISTING UKCP FULL CLINICAL MEMBERS TO TRANSFER THEIR REGISTRATION TO THE SEA**

This option is available to those who have been registered as a full clinical member with the UKCP for at least five years. They must be in good standing with their existing OM.

They will need to be a current paid up member of the SEA.

They will be required to be attending (or will begin attending) supervision sessions in line with the SEA supervision requirements with an existential phenomenological supervisor.

They will be required to have undertaken CPD in line with the SEA CPD requirements that demonstrates an engagement with existential phenomenological psychotherapy, practice and philosophy for the prior 12 months.

They will be required to submit a 5,000-word case study which shows how they utilise existential phenomenological practice in their client work.

#### **CONTACTS:**

[searenewal@gmail.com](mailto:searenewal@gmail.com) for Regent's University graduates only

[RegistrationCommittee@existentialanalysis.org.uk](mailto:RegistrationCommittee@existentialanalysis.org.uk) for all other enquiries

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